



Community helpers

Nov 12th – 16th, 2018

- 9:00AM Gross Motor Play in Room 106 (Sunshine room)
Connecting stepping stones, train table, slide, maxi blocks
Sand Table: Construction trucks
- 9:30AM Clean-up time, morning circle, birthdays, stretch, line-up
- 9:45AM Bathroom break/Diaper check/Wash hands
- 10:15AM Snack-time in Room 105 (Rainbow room)
- 10:30AM Free Play and Centres:
Art Centre: Painting with toothbrush
Sensory Table: Cotton balls and tweezers
Puzzle Table: Community helpers
Drama: Ambulance
Dress-up Clothes: Doctors, dentists, nurses
- 11:15AM Clean-up time & hand washing
- 11:30AM Lunch in Room 105 (Rainbow room)
- 12:15PM **Story:** Andrew's loose tooth
- 12:30PM Bathroom break/Diaper check/Wash hands
- 12:45PM Younger children go to Room 106 (Sunshine room) for naps or quiet toys
- Afternoon Activities in Room 105 (Rainbow room):
Calendar/weather/news or free play
Fine Motor Practice: Doctor's purse
Math: Where does it hurt? How many Band-aids do I need?
Science: Human body (Body parts)
Table activity: Match body parts
- 2:30PM Clean-Up Time, Centres are Closed
- 2:45PM Music (in Room 106 Sunshine room)
Song: I'm a Helpful Doctor (Tune: I'm a Little Teapot)
Dancing- Children's Choice
- 2:55PM Thank-You and Goodbyes
Play time, Pick Up

Nature elements: Wood, paper

Sources: <https://www.kidssoup.com/activity/doctor-preschool-activities-lessons-and-games>